

## **The Prayer in the Garden (Jesus is Arrested)**

**May 8, 2016**

**Mark 14:32-42**

*Then He came to the disciples and found them sleeping, and said to Peter, "What! Could you not watch with Me one hour?"* **Matthew 26:40**

*When He rose up from prayer, and had come to His disciples, He found them sleeping from sorrow.* **Luke 22:45**

Jesus took his three closest disciples to watch and pray with Him (vs. 34 and 38)

### **Three important lessons and truths that rise to the surface:**

#### **1) In Jesus' distress and sorrow...He prayed...God's Will, so should we.**

*Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and watch." He went a little farther, and fell on the ground, and prayed that if it were possible, the hour might pass from Him. And He said, "Abba, Father, all things are possible for You. Take this cup away from Me; nevertheless, not what I will, but what You will."* **Mark 14:34-36**

Our soul and body may have never felt such sorrow and struggle as Jesus did, but even so, He went straight to the Father. Jesus' only "defense," not one of many, was to go directly to the Father.

*Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.* **Philippians 4:6-7**

*Whenever I am afraid, I will trust in You.* **Psalm 56:3**

*Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.* **Matthew 11:28-30**

### **Don't let prayer be your last resort, always make it the first!**

#### **2) We need Godly friends at all times in our lives, especially in the difficult times.**

While the Disciples, particularly Peter, James and John had a hard time staying awake they were apparently close to Jesus. Jesus obviously thought highly of them, He took only these three to watch and pray.

Many people are dependent on you and I to pray. Some know they are dependent on it and some do not.

We can't afford to give our guidance, our words and gossip to another friend. They need a friend and we need a friend who will pray for us (and with us), give us GODLY counsel and be there for us.

*A man who has friends must himself be friendly, but there is a friend who sticks closer than a brother.* **Proverbs 18:24**

**Godly friends don't gossip, "take sides," or react, rather they pray for you and give Godly counsel, not their own!**

**3) Now is not the time to be sleeping.**

*Therefore, I run thus: not with uncertainty. Thus I fight: not as one who beats the air. But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.*

**1 Corinthians 9:26-27**

*For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come.*

**1 Timothy 4:8**

Just because we are in Church, leading a class, serving or are "out front" doesn't mean that we are not sleeping. We could be doing all of the above and still sleeping. Activity doesn't always equal being in the game!

Why I can't afford to be "sleeping?"

My life depends on it

My family depends on it

My Church depends on it

My country depends on it

My world (the lost) depend on it

Why might I be "sleeping?"

Complacency

Laziness

Status quo

Indifference

Lost

Out of tune with the Spirit

*Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.*

**Mark 14:38**

*And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.*

**12:9**

**2 Corinthians**

**Prayer Focus:**

**I would be a person of continuous prayer.**

**I would be a Godly friend and seek Godly friends.**

**I would get in the game and wake up from my sleeping.**